

## Weekend Warrior Camp # 3

# Wrestling Camp

Technique camp featuring Tristan Warner from ODU

### ***Camp Philosophy***

Teaching the athletes to wrestle with legs. Both offensively and defensively. Tristan will teach a series of leg wrestling with a series of holds that work together (chain wrestling). Defensively will show technique to get legs out.

*Full Price*  
**\$35.00**

### ***Additional Details***

Tristan and TC Warner both NCAA qualifiers for ODU will be the lead clinicians. Followed by Powerhouse wrestling coaching staff.

For additional details or to register visit [www.wrestlehawk.com](http://www.wrestlehawk.com). Camp #: 134

*Family Discount*  
**\$30.00**

This camp is for All wrestlers

This Technique camp will focus on General Technique

<i>Start</i>	<i>End</i>	<i>City</i>	<i>State</i>	<i>Early Registration</i>	<i>Start Time</i>	<i>End Time</i>
Jul 30, 2017	Jul 30, 2017	Fredericksburg	VA	Jul 29, 2017	9:00 AM	1:00 PM