

Weekend Warrior Camp # 3

Wrestling Camp

Technique camp featuring Tristan Warner from ODU

Camp Philosophy

Teaching the athletes to wrestle with legs. Both offensively and defensively. Tristan will teach a series of leg wrestling with a series of holds that work together (chain wrestling). Defensively will show technique to get legs out.

Full Price
\$35.00

Additional Details

Tristan and TC Warner both NCAA qualifiers for ODU will be the lead clinicians. Followed by Powerhouse wrestling coaching staff.

For additional details or to register visit www.wrestlehawk.com. Camp #: 134

Family Discount
\$30.00

This camp is for All wrestlers

This Technique camp will focus on General Technique

<i>Start</i>	<i>End</i>	<i>City</i>	<i>State</i>	<i>Early Registration</i>	<i>Start Time</i>	<i>End Time</i>
Jul 30, 2017	Jul 30, 2017	Fredericksburg	VA	Jul 29, 2017	9:00 AM	1:00 PM